Maida Vale Masters

Invites you to join us for our

Act Belong Commit 1500m Swim Meet

Our swim is the only SC 1500m swim on the 2024 Pool Calendar
The pool is not open to the public and we have exclusive use of the venue
A range of soups and refreshments will be served throughout the course of the afternoon
The venue is disability compliant with 'real' steps in place to enter and exit the pool

Date	*Saturday 10th August 2024*
Venue	*Darling Range Sports College, 117 Berkshire Rd, Forrestfield* *Indoor Heated Short-course Pool*
Times:	**Warm-up**: *12:30pm* **Start Time:** *1:00pm* **Finish time:** *5:00pm*
Cost of meet and Pool entry	*Cost of meet entry is $15 per swimmer, includes pool entry & refreshments.* *Spectators $5.00 on entry – includes refreshments*
Entries Close	*Wednesday 7th August 2024)* *Late entries may be accepted on the day depending on the number of entries received.*
Registration link	*http://www.myswimresults.com.au/Entries.aspx?MeetID=MAU|54*
Contact details	*Lynne Duncan* **|** *duncan1320@bigpond.com* **|** *0417 997 556*

1500m Choice of Stroke

Event 1. 1500m Backstroke. ***Event 2***. 1500m Breaststroke. ***Event 3***. 1500m Freestyle.
400m and 800m intermediate times will be recorded
A second swim may be offered dependent on time and must be a different stroke from the first

- Masters Swimming Australia Swim Rules apply
- Swimmers may be asked to swim 2 to a lane if swimming Freestyle
- Please indicate Record Attempts if applicable.
- Swimmers attempting a record are asked to bring at least one timekeeper & one stop-watch
- Postal entries from country clubs are welcome, but swim must be part of an organised Club event, swum to Masters Swimming Australia rules and in a pool of meet distance i.e. 25m SC
- Postal entry results must be submitted using the Team Manager Results File, received by 6.00 pm, 4 days before the event date.
- Postal entries will not be eligible for records.
- Swimmers - be prepared to time before and after your swim

For event enquiries, please contact the Meet Coordinator *(Lynne Duncan | duncan1320@bigpond.com | 0417 997 556).*