



# SWIMMING ENTRY TIMES

## 1. Women

	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 FREE	34.00	35.00	36.00	38.00	40.00	42.60	45.50	48.00	51.80	56.00	1:00.50	1:10.00	1:31.00	1:52.00
100 FREE	1:11.30	1:14.25	1:16.25	1:19.20	1:25.15	1:31.10	1:36.05	1:41.00	1:50.90	1:56.80	2:10.70	2:33.45	2:58.20	3:32.85
200 FREE	2:38.40	2:43.35	2:51.30	2:58.20	3:13.05	3:27.90	3:37.80	3:52.65	4:11.45	4:23.35	4:54.05	5:56.40	6:40.95	7:55.20
400 FREE	5:38.60	5:48.50	6:03.35	6:11.25	6:36.00	7:10.65	7:40.35	8:05.10	8:49.65	9:34.20	10:38.55	12:12.60	13:41.70	15:40.50
800 FREE	11:52.80	12:12.60	12:32.40	13:12.00	14:21.30	15:20.70	16:10.20	17:14.55	18:28.80	19:57.90	22:56.10	24:45.00	27:53.10	33:00.00
50 BACK	40.00	41.80	44.00	46.50	49.30	52.00	54.80	58.00	1:03.00	1:08.00	1:15.00	1:31.00	2:20.00	2:53.00
100 BACK	1:24.15	1:26.15	1:31.10	1:36.05	1:41.95	1:46.90	1:55.85	2:03.75	2:15.65	2:22.55	2:37.40	3:08.10	3:42.75	4:37.20
200 BACK	3:04.15	3:06.10	3:18.00	3:32.85	3:42.75	3:57.60	4:12.45	4:20.35	4:47.10	5:04.90	5:36.60	6:50.85	8:24.90	9:24.30
50 BREAST	44.50	46.00	48.00	50.00	52.00	55.50	58.00	1:02.00	1:08.00	1:13.00	1:25.00	1:43.00	2:17.00	3:03.00
100 BREAST	1:34.05	1:36.05	1:38.00	1:44.95	1:48.90	1:54.85	2:01.75	2:09.70	2:21.55	2:32.45	2:59.20	3:47.70	4:42.15	5:46.50
200 BREAST	3:24.95	3:28.90	3:37.80	3:47.70	3:57.60	4:07.50	4:22.35	4:37.20	5:01.95	5:26.70	6:06.30	7:20.55	9:09.45	10:53.40
50 FLY	37.50	38.50	40.50	43.00	45.50	47.50	51.50	57.00	1:04.50	1:15.50	1:32.00	2:32.00	3:24.00	4:20.00
100 FLY	1:20.20	1:23.15	1:27.10	1:32.05	1:41.00	1:51.85	1:59.80	2:12.65	2:30.50	2:53.25	3:27.90	4:07.50	4:57.00	7:10.65
200 FLY	3:06.10	3:14.05	3:25.90	3:35.80	3:54.65	4:23.35	4:37.20	5:06.90	5:31.65	6:31.05	7:45.30	8:54.60	10:38.55	13:51.60
200 I.M.	3:02.15	3:07.10	3:19.00	3:26.90	3:34.85	3:55.60	4:03.55	4:17.40	4:49.10	5:11.85	5:56.40	6:40.95	7:55.20	9:24.30
400 I.M.	6:29.05	6:38.95	7:00.75	7:15.60	7:45.30	8:29.85	9:09.45	9:34.20	10:38.55	12:32.40	14:51.00	16:10.20	17:21.70	21:17.10

## 2. Men

	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 FREE	29.40	30.10	31.10	32.50	33.50	34.80	36.30	38.30	40.80	43.80	49.00	1:02.00	1:12.00	1:22.00
100 FREE	1:03.15	1:04.35	1:05.35	1:07.30	1:10.80	1:14.55	1:17.20	1:22.15	1:28.10	1:37.00	1:48.90	2:00.75	2:22.05	2:58.20
200 FREE	2:20.60	2:24.05	2:26.50	2:31.45	2:36.40	2:45.35	2:59.20	3:09.10	3:23.95	3:42.75	4:07.50	4:25.35	5:06.90	6:16.20
400 FREE	5:01.95	5:09.85	5:17.80	5:26.70	5:39.55	5:46.50	6:06.30	6:38.95	7:10.65	7:55.20	8:34.80	9:44.10	10:53.40	11:52.80
800 FREE	10:38.55	10:43.50	10:59.35	11:08.25	11:33.00	12:12.60	13:02.10	14:01.50	15:00.90	16:30.00	17:59.10	19:38.10	22:16.50	25:44.40
50 BACK	35.10	36.00	37.60	39.30	40.70	42.50	44.50	47.80	50.30	55.00	1:03.30	1:10.00	1:27.00	1:48.00
100 BACK	1:12.75	1:15.75	1:17.60	1:20.20	1:25.15	1:29.10	1:34.05	1:42.95	1:50.90	1:55.55	2:13.65	2:23.55	3:08.10	3:47.70
200 BACK	2:38.40	2:43.35	2:48.30	2:57.20	3:08.10	3:18.00	3:27.90	3:47.70	4:02.55	4:22.35	4:57.00	5:46.50	7:25.50	8:54.60
50 BREAST	37.80	38.80	39.80	40.80	43.00	45.30	47.30	49.50	52.50	56.80	1:03.00	1:14.00	1:43.00	2:11.00
100 BREAST	1:20.20	1:22.35	1:25.95	1:28.10	1:31.10	1:33.05	1:42.95	1:44.95	1:51.85	2:04.75	2:19.60	2:41.35	3:42.75	4:34.25
200 BREAST	2:59.20	3:02.15	3:07.10	3:15.05	3:20.95	3:27.90	3:42.75	3:53.65	4:15.40	4:37.20	5:11.85	5:56.40	7:25.50	8:54.60
50 FLY	32.00	32.40	33.50	35.30	36.50	38.00	39.50	43.30	47.00	52.80	1:04.00	1:29.00	2:06.00	2:44.00
100 FLY	1:08.30	1:09.30	1:11.30	1:15.25	1:18.20	1:21.20	1:30.10	1:39.95	1:51.85	1:58.80	2:35.45	3:08.10	3:57.60	4:47.10
200 FLY	2:46.30	2:47.65	2:51.30	3:00.20	3:08.10	3:23.95	3:42.75	3:55.60	4:27.30	4:57.00	5:41.55	6:36.00	8:24.90	10:23.70
200 I.M.	2:38.40	2:43.35	2:48.30	2:56.20	3:04.15	3:09.10	3:18.00	3:34.85	3:55.60	4:12.45	4:42.15	5:21.75	6:55.80	8:34.80
400 I.M.	5:56.40	6:03.35	6:08.30	6:16.20	6:26.10	6:45.90	7:13.60	7:50.25	8:49.65	9:49.05	11:52.80	12:52.20	13:51.60	16:49.80